

# HORAIRE 2025-2026

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| 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE                      | 09:00 - 10:00<br>BARRE À TERRE<br>MENA                       |                                                                  | 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE                 |                                                   |                                                 |                                                               |  |
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|                                                               | 10:15 - 11:15<br>CONTEMPORAIN<br>AINÉS<br>STEFANIA           |                                                                  |                                                          |                                                   |                                                 |                                                               |  |
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| 12:15 - 13:30<br>CONTEMPORAIN<br>INTERMÉDIAIRE<br>MENA        | 12:15 - 13:30<br>MODERN JAZZ<br>DÉBUTANT 2<br>NATHALIE       | 12:30- 13:30<br>REMISE<br>EN FORME<br>CASSIA                     | 12:15 - 13:30<br>CLASSIQUE<br>MOYEN / INTER<br>VALENTINA |                                                   |                                                 |                                                               |  |
|                                                               |                                                              |                                                                  |                                                          |                                                   | 12:30 - 13:30<br>BALLET BARRE<br>MARIYA         |                                                               |  |
|                                                               |                                                              |                                                                  |                                                          | 13:00 - 13:30<br>FORMATION<br>SUPÉRIEURE          |                                                 | 13:00 - 13:30<br>FORMATION<br>SUPÉRIEURE                      |  |
| 13:30 - 17:00<br>FORMATION<br>SUPÉRIEURE                      |                                                              |                                                                  | 13:30 - 17:30<br>FORMATION<br>SUPÉRIEURE                 |                                                   |                                                 |                                                               |  |
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| 17:00 - 18:30<br>CLASSIQUE<br>ÉTUDE 4-5<br>ALDRIANA           | 17:00 - 18:00<br>STREET<br>NIVEAU 1-2<br>9-11 ANS<br>LAURINE | 17:00 - 18:00<br>CLASSIQUE<br>PRÉPARATOIRE<br>8 ANS<br>VALENTINA | 17:30 - 18:30<br>MODERN JAZZ<br>ADO MOYEN<br>MIKAL       |                                                   | 17:00 - 18:15<br>CLASSIQUE<br>ÉTUDE 3<br>KARINE | 16:45 - 18:30<br>CLASSIQUE<br>ÉTUDE 1<br>MARIYA               |  |
|                                                               | 18:00 - 19:00<br>STREET ADO<br>DÉBUTANT 2<br>LAURINE         | 18:00 - 19:00<br>CLASSIQUE 1<br>9-10 ANS<br>VALENTINA            |                                                          |                                                   |                                                 |                                                               |  |
|                                                               |                                                              |                                                                  |                                                          |                                                   |                                                 |                                                               |  |
| 18:30 - 19:45<br>CONTEMPORAIN<br>MOYEN<br>XAVIER              | 19:00 - 20:00<br>STREET<br>INTERMÉDIAIRE<br>LAURINE          | 19:00 - 20:00<br>CLAQUETTES<br>DÉBUTANT 1<br>MARIA               | 18:30 - 19:45<br>MODERN JAZZ<br>INTERMÉDIAIRE<br>MIKAL   | 18:30 - 19:30<br>HIP-HOP<br>ADO DÉBUTANT<br>MANU  | MUNZ FLOOR®<br>KARINE                           | 18:30 - 19:30<br>PROGRESSING<br>BALLET<br>TECHNIQUE<br>MARIYA |  |
|                                                               |                                                              |                                                                  |                                                          | 19:30 - 20:30<br>HIP- HOP<br>INTER/AVANCÉ<br>MANU |                                                 |                                                               |  |
| 19:45 - 21:00<br>MODERN JAZZ<br>DÉBUTANT 2/<br>MOYEN<br>MIKAL | 20:00 - 21:00<br>STREET<br>DÉBUTANT 2/<br>MOYEN<br>LAURINE   | 20:00 - 21:00<br>CLAQUETTE<br>INTER/AVANCÉ<br>MARIA              | 19:45 - 21:00<br>CONTEMPORAIN<br>INTER/AVANCÉ<br>XAVIER  | 20:30 - 21:30<br>HIP-HOP<br>DÉBUTANT<br>MANU      |                                                 |                                                               |  |
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HORAIRES 2025-2026 - mis à jour 10.10.2025  
D A N C E A R E A . C H

## M A R D I

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| 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE                      | 08:45 - 10:15<br>FORMATION<br>SUPÉRIEURE                     |                                                             | 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE                          |                                                              |                                                                  |                                                            |                                                |
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| 12:15 - 13:30<br>CLASSIQUE<br>MOYEN<br>JUAN                   | 12:15 - 13:30<br>CLASSIQUE<br>DÉBUTANT 2<br>FERNANDA B.      | 12:15- 13:15<br>ZUMBA<br>FITNESS<br>SYLAS                   | 12:15 - 13:30<br>CONTEMPORAIN<br>DÉBUTANT 2<br>MENA               | 12:15 - 13:30<br>MUNZ FLOOR®<br>KARINE                       |                                                                  |                                                            |                                                |
|                                                               |                                                              |                                                             |                                                                   |                                                              | 13:00 - 13:30<br>FORMATION<br>SUPÉRIEURE                         | 13:00 - 14:45<br>FORMATION<br>SUPÉRIEURE                   |                                                |
|                                                               |                                                              |                                                             |                                                                   |                                                              |                                                                  |                                                            |                                                |
| 13:30 - 15:00<br>CONTEMPORAIN<br>SAE II<br>XAVIER             | 13:45 - 15:15<br>CLASSIQUE<br>SAE I<br>LIUVA                 |                                                             | 13:30 - 16:45<br>FORMATION<br>SUPÉRIEURE                          |                                                              |                                                                  |                                                            |                                                |
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| 15:15 - 17:00<br>CLASSIQUE +<br>POINTES<br>SAE II<br>FERNANDA | 15:15 - 16:15<br>POINTES<br>SAE I<br>LIUVA                   |                                                             | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE                          | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE                     | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE                         |                                                            |                                                |
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|                                                               | 16:15 - 17:30<br>CONTEMPORAIN<br>SAE I<br>EVA                |                                                             |                                                                   |                                                              |                                                                  |                                                            |                                                |
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| 17:00 - 18:30<br>CLASSIQUE<br>ÉTUDE 4-5<br>ALDRIANA           |                                                              | 17:00 - 17:45<br>ÉVEIL<br>5 ANS<br>FLORINE                  | 17:00 - 18:00<br>STREET<br>NIVEAU 3<br>10-12 ANS<br>LISA          | 17:00 - 17:45<br>INITIATION 2<br>7 ANS<br>JUDITH             | 17:00 - 18:00<br>MODERN'JAZZ<br>NIVEAU 2<br>9-11 ANS<br>MARIANNE | 17:00 - 18:15<br>CLASSIQUE<br>ÉTUDE 3<br>KARINE            |                                                |
|                                                               |                                                              |                                                             |                                                                   |                                                              |                                                                  |                                                            |                                                |
|                                                               |                                                              | 17:45 - 18:45<br>CLASSIQUE ADO<br>DÉBUTANT<br>12+<br>JUDITH | 17:45 - 18:45<br>CONTEMPORAIN<br>NIVEAU 4<br>11-13 ANS<br>FLORINE | 18:00 - 19:00<br>MODERN'JAZZ<br>ADO<br>INTERMÉDIAIRE<br>LISA |                                                                  | 18:00 - 19:00<br>MODERN'JAZZ<br>ADO DÉBUTANT 2<br>MARIANNE | 18:15 - 19:15<br>PILATES<br>NIVEAU 1<br>KARINE |
| 18:30 - 20:00<br>CLASSIQUE<br>INTER / AVANCÉ<br>JUAN          | 18:45 - 20:00<br>CLASSIQUE<br>DÉBUTANT 2/<br>MOYEN<br>JUDITH |                                                             | 19:00 - 20:00<br>CLAQUETTES<br>DÉBUTANT 2/<br>MOYEN<br>MARIA      | 19:00 - 20:00<br>STREET<br>INTERMÉDIAIRE<br>LISA             | 18:30 - 19:45<br>CLASSIQUE ADO<br>INTER/AVANCÉ<br>ALDRIANA       | 19:00 - 20:00<br>BARRE À TERRE<br>MENA                     | 19:15 - 20:15<br>PILATES<br>NIVEAU 2<br>KARINE |
|                                                               |                                                              |                                                             |                                                                   |                                                              |                                                                  |                                                            |                                                |
| 20:00 - 21:00<br>HEELS *<br>LISA                              | 20:00 - 21:15<br>MODERN'JAZZ<br>DÉBUTANT 1<br>MARIANNE       | 20:00 - 21:00<br>CLAQUETTES<br>INTERMÉDIAIRE<br>MARIA       | 20:00 - 21:15<br>AFRO<br>CONTEMPORAIN<br>BRÉSILJEN<br>LUANDA      | 20:00 - 21:00<br>POINTES<br>MOYEN/INTER<br>JUDITH            | 20:00 - 21:15<br>CONTEMPORAIN<br>DÉBUTANT 2/<br>MOYEN<br>EVA     |                                                            |                                                |
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\* DÈS NIVEAU MOYEN EN MJ OU STREET

**M E R C R E D I**

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[illegible]

# HORAIRE 2025-2026

**J E U D I**

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**V E N D R E D I**

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| 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE                     | 08:45 - 10:15<br>FORMATION<br>SUPÉRIEURE                        |                                                     | 08:45 - 12:00<br>FORMATION<br>SUPÉRIEURE               |                                                                            |                                                   |                                                               |
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| 12:15 - 13:30<br>CLASSIQUE<br>MOYEN<br>KARINE                | 12:15 - 13:30<br>CONTEMPORAIN<br>DÉBUTANT 1<br>INÈS             |                                                     | 12:15 - 13:30<br>MODERN'JAZZ<br>INTERMÉDIAIRE<br>MIKAL |                                                                            | 12:30 - 13:30<br>STRETCHING<br>CASSIA             | 12:15 - 13:30<br>PROGRESSING<br>BALLET<br>TECHNIQUE<br>MARIYA |
|                                                              |                                                                 |                                                     |                                                        |                                                                            |                                                   |                                                               |
|                                                              |                                                                 | 13:00 - 13:30<br>FORMATION<br>SUPÉRIEURE            |                                                        | 13:00 - 13:30<br>FORMATION<br>SUPÉRIEURE                                   |                                                   |                                                               |
| 13:30 - 15:00<br>FORMATION<br>SUPÉRIEURE                     | 13:30 - 15:00<br>CLASSIQUE<br>SAE I<br>LIUVA                    |                                                     | 13:30 - 16:45<br>FORMATION<br>SUPÉRIEURE               |                                                                            |                                                   |                                                               |
|                                                              |                                                                 |                                                     |                                                        |                                                                            |                                                   | 14:00 - 15:00<br>PILATES<br>SAE II<br>KARINE                  |
|                                                              |                                                                 |                                                     |                                                        |                                                                            |                                                   |                                                               |
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| 15:15 - 16:45<br>CLASSIQUE<br>SAE II<br>LIUVA                | 15:15 - 16:30<br>MODERN'JAZZ<br>SAE I<br>MIKAL                  |                                                     | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE               | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE                                   | 15:15 - 16:45<br>FORMATION<br>SUPÉRIEURE          |                                                               |
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|                                                              |                                                                 | 16:30 - 17:30<br>CARACTÈRE<br>SAE I                 |                                                        |                                                                            |                                                   |                                                               |
| 17:00 - 18:00<br>STREET<br>NIVEAU 5<br>13-15 ANS<br>LAURINE  | 17:00 - 18:00<br>MODERN'JAZZ<br>NIVEAU 4-5<br>11-13 ANS<br>INÈS | LYUDMYLA                                            | 17:00 - 18:15<br>ATELIER<br>SAE II<br>LIUVA            | 17:00 - 18:20<br>CLASSIQUE<br>ÉTUDE 3<br>KARINE                            | 17:00 - 18:30<br>CLASSIQUE<br>ÉTUDE 2<br>ALDRIANA | 17:00 - 18:30<br>CLASSIQUE<br>ÉTUDE 1<br>MARIYA               |
|                                                              |                                                                 | 17:30 - 18:30<br>CARACTÈRE<br>ÉTUDE 4-5<br>LYUDMYLA |                                                        |                                                                            |                                                   |                                                               |
| 18:00 - 19:00<br>STREET<br>ADO MOYEN<br>LAURINE              | 18:00 - 19:00<br>MODERN'JAZZ<br>ADO DÉBUTANT 1<br>INÈS          | 18:30 - 19:30<br>CARACTÈRE<br>ÉTUDE 3<br>LYUDMYLA   | 18:15 - 19:45<br>CLASSIQUE<br>INTER/AVANCÉ<br>JUAN     |                                                                            |                                                   |                                                               |
|                                                              |                                                                 |                                                     |                                                        | 18:30 - 19:30<br>BARRE À TERRE<br>ASSOUPPLISSEMENT<br>ÉTUDES 1-2<br>KARINE | 18:30-19:45<br>CLASSIQUE<br>ÉTUDE 4-5<br>ALDRIANA | 18:30 - 19:30<br>POINTES<br>DÉBUTANT 2/<br>MOYEN<br>MARIYA    |
| 19:00 - 20:15<br>CONTEMPORAIN<br>INTER/AVANCÉ<br>INÈS        | 19:00 - 20:00<br>HIP - HOP<br>L.A. STYLE *<br>LAURINE           |                                                     |                                                        |                                                                            |                                                   |                                                               |
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| 20:15 - 21:15<br>ATELIER<br>RECHERCHE ET<br>CRÉATION<br>INÈS |                                                                 |                                                     |                                                        |                                                                            |                                                   |                                                               |
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\* DÈS NIVEAU MOYEN

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|                                                                      | 09:30 - 10:15                                                |                                                                           |                                                                             | 09:30 - 10:15                                               |                                                    | 09:30 - 10:15                                               |
| 09:45 - 10:45<br>CLASSIQUE PRÉPARATOIRE 8 ANS<br>ALDRIANA            | ÉVEIL 4 ANS<br>FLORINE                                       | 09:45 - 10:30<br>ÉVEIL 3 ANS<br>PAULINE                                   |                                                                             | INITIATION 1 6 ANS<br>AMANDINE                              |                                                    | ÉVEIL 5 ANS<br>SIMONA                                       |
|                                                                      | 10:15 - 11:00<br>INITIATION 2 7 ANS<br>FLORINE               | 10:30 - 11:15<br>ÉVEIL 4 ANS<br>PAULINE                                   | 10:00 - 11:00<br>CLASSIQUE 3 11-12 ANS<br>JUDITH                            | 10:15 - 11:00<br>MODERN JAZZ INITIATION 6-8 ANS<br>AMANDINE | 10:00 - 11:00<br>CLASSIQUE 1 9-10 ANS<br>AURÉLIA   |                                                             |
| 10:45 - 12:00<br>CLASSIQUE POINTES/ RÉPERTOIRE ÉTUDE 4-5<br>ALDRIANA | 11:00 - 12:00<br>CONTEMPORAIN NIVEAU 2-3 9-11 ANS<br>FLORINE | 11:15 - 12:00<br>ÉVEIL 5 ANS<br>PAULINE                                   | 11:00 - 12:15<br>CLASSIQUE ADO MOYEN 13-15 ANS<br>JUDITH                    | 11:00 - 12:00<br>CLASSIQUE PRÉPARATOIRE 8 ANS<br>MARIYA     | 11:00 - 12:00<br>CLASSIQUE 2 10-11 ANS<br>AURÉLIA  | 10:30 - 11:15<br>INITIATION 1 6 ANS<br>SIMONA               |
|                                                                      |                                                              |                                                                           |                                                                             |                                                             |                                                    | 11:15 - 12:00<br>INITIATION 2 7 ANS<br>SIMONA               |
| 12:00 - 13:15<br>CLASSIQUE MOYEN<br>MARIYA                           | 12:00 - 13:15<br>CLASSIQUE ADO INTERMÉDIAIRE<br>LIUVA        | 12:15 - 13:00<br>FLAMENCO INITIATION 5 +<br>OLIVIA                        | 12:15 - 13:45<br>CLASSIQUE INTER/AVANCÉ<br>JUAN                             | 12:15 - 13:15<br>CLASSIQUE 4 12-13 ANS<br>JUDITH            | 12:00 - 13:15<br>CLASSIQUE DÉBUTANT 1<br>AURÉLIA   | 12:15 - 13:15<br>CONTEMPORAIN NIVEAU 1 7-9 ANS<br>FLORINE   |
|                                                                      |                                                              | 13:00 - 14:00                                                             |                                                                             |                                                             |                                                    |                                                             |
| 13:15 - 14:15<br>POINTES DÉBUTANT 1<br>MARIYA                        | 13:15 - 14:15<br>BARRE À TERRE<br>SIMONA                     | FLAMENCO TECH & CHORÉ DÉBUTANT 2 8-13 ANS<br>OLIVIA                       |                                                                             | 13:15 - 14:15<br>POINTES DÉBUTANT 2<br>JUDITH               | 13:15 - 14:15<br>POINTES MOYEN<br>LIUVA            | 13:15 - 14:00<br>CONTEMPORAIN INITIATION 6-8 ANS<br>FLORINE |
|                                                                      |                                                              | 14:00 - 15:00                                                             | 14:00 - 15:30                                                               |                                                             |                                                    | 14:00 - 18:00                                               |
| 14:15 - 15:45<br>CLASSIQUE SAE I<br>LIUVA                            | 14:15 - 18:15<br>HOBI STUDIO                                 | FLAMENCO TECH & CHORÉ MOYEN 12-16 ANS<br>OLIVIA                           | CLASSIQUE FORMATION SUPÉRIEURE + SAE II<br>JUAN                             | 14:15 - 18:15<br>HOBI STUDIO                                |                                                    | HOBI STUDIO                                                 |
|                                                                      |                                                              | 15:00 - 16:15<br>FLAMENCO TECH & CHORÉ AVANCÉ 16 +<br>OLIVIA              |                                                                             |                                                             |                                                    |                                                             |
| 15:45 - 17:00<br>ATELIER SAE I<br>LUANDA                             |                                                              |                                                                           | 15:45 - 16:45<br>POINTES/ VARIATIONS FORMATION SUPÉRIEURE + SAE II<br>LIUVA |                                                             |                                                    |                                                             |
|                                                                      |                                                              | 16:30 - 18:30<br>FLAMENCO PRÉPARATION SPECTACLE AVANCÉ<br>COMPAGNIE QUELO |                                                                             |                                                             | 16:00 - 17:00<br>DANSE ORIENTALE DÉBUTANT<br>SAYED |                                                             |
|                                                                      |                                                              |                                                                           |                                                                             |                                                             |                                                    |                                                             |
|                                                                      |                                                              |                                                                           |                                                                             |                                                             | 17:00 - 18:00<br>DANSE ORIENTALE AVANCÉ<br>SAYED   |                                                             |
|                                                                      |                                                              |                                                                           |                                                                             |                                                             |                                                    |                                                             |
|                                                                      |                                                              |                                                                           |                                                                             |                                                             |                                                    |                                                             |
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# DIMANCHE

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|---------------------------------------------------------|--|--|--|--|--|--|
| 11:00 - 12:30<br>CONTEMPORAIN DÉBUTANT<br>ÉTIENNE       |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |
| 12:30 - 14:00<br>CONTEMPORAIN INTER / AVANCÉ<br>ÉTIENNE |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |
| 14:15 - 15:45<br>CONTEMPORAIN ATELIER<br>ÉTIENNE        |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |
|                                                         |  |  |  |  |  |  |